

Estonian Open Championship Kung Fu Wushu – Tuishou 2019

17 february 2019, start 10.00

General rules:

Rule 1 Participation – Participation in the championship is open for all. Participant must know the rules, be experienced in “Tuishou - pushing hands” and understand the meaning and spirit of competition.

Rule 2 Payment - Registration fee Tuishou 25 EUR.

The fee for participation in the additional category 10 EUR. Payment can be made by federations, clubs or single participant.

The registration fee must be paid at the technical committee or by bank transfer Klubi Golden Lotus MTÜ bank account to representative Estonian Sports and Traditional Wushu Federation:

Receiver: Klubi Golden Lotus MTÜ

Address: Sinimäe 5-25, Tallinn, Estonia 13816. Reg.nr.80216033

Bank name: Swedbank AS

Bank address: 8 Liivalaia Street, Tallinn, Estonia 15040

SWIFT / BIC CODE: HABAE2X

Account No.: EE722200221026945452

Rule 3 Registration form - Preliminary entry form: might be sent after receiving the regulations, but not later than 5 february 2019. (www.competitionbook.com or <https://goo.gl/forms/tdw72ubK1eyhHMi83>).

The list of competitors should be verified by the National Olympic Committee of the participating country.

Final entry form: must be sent not later than 5 february 2019. (www.competitionbook.com or <https://goo.gl/forms/tdw72ubK1eyhHMi83>). It must contain participants name, age, weight, contacts (e-mail, phone nr, address), club or federation name, name of team director. If registration form reaches the organizers after stated date, the participant will not be accepted for the competition.

The competition registration can be found on www.competitionbook.com

You need to register a member that will add the information for the team. You will be sent the user name and password (artofsword@gmail.com).

Rule 4 Registration and weigh-in

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| 1. Registration meeting from 9.00 to 10.00 | 17 february 2019 |
| 2. Weighing-in 9.00 to 10.00 | 17 february 2019 |
| 3. Judging meeting 9.30.00 - 10.00 | 17 february 2019 |
| 4. Competitions 10.00 | 17 february 2019 |

Location - competition venue: The entire championships will take place at the “Tondiraba Jäähall” (Varraku 14, Tallinn, Estonia).

Rule 5 Insurance - by signing the registration form the participant accepts the rules and the risks of the competition. The organizers can't be held liable for risks or injuries during the competition. It is the competitor's own responsibility to have suitable insurance.

Rule 6 Fair play - Participants are expected to behave in a spirit of fair play and not seek

unfair advantages over other participants or try to find loopholes in the rules etc.
Foul language or impolite gestures to other participants or officials are not acceptable.

Rule 7 Rule breaking - Participants breaking the rules of the competition can be given warnings, in pushing hands points can be given to their opponent. In extreme cases participants can be disqualified. Repeated violation of the rules is grounds for direct disqualification.

Rule 8 Appeals - Appeals concerning judgments and decisions must be received by the secretariat in written form within 30 minutes after the incident to be considered. Appeals will be handled by the Appeal Committee (P. Kõrve, D.Stashevich, V. Palmet, G. Kisseljov). Appeals may never be presented during pushing hands matches, but only after the end of the match. A deposit of 150€ shall be made at the same time as the appeal. The deposit will be returned only if the treatment is justified, vindicated the facts and the appeals committee will make a positive decision and agree with the complaint. After reviewing the complaint a final decision on the winner of the match is made. The final decision is not discussed and cannot be contested.

Rule 9 Injuries – The competition medic always has the final decision whether an injured competitor - due to health and safety reasons - can be allowed to continue the competition or not. The medic's decision cannot be disputed.

Rule 10 Walk over disqualification - If a competitor does not appear after being called three times to the competition area he will be disqualified from that event. If a competitor cannot appear because he is busy competing at another event he must inform the secretariat to avoid disqualification by walk over. This can be done in person or through a spokesperson.

Rule 11 Junior participants - Participants aged under 18 years may only participate with the consent of their teachers and with written parental authorization.

Children's Event - Participants younger than 14 years are in a separate group and can participate in the competition only with the consent of the teacher and the parent's written permission.

Rule 12 Event changes - The organizers reserve the right to change the competition categories, if necessary. The organizers cannot guarantee that all categories events will take place. If there are less than three participants in category the event can be cancelled.

Rules for pushing hands events

Rule 13 Weight classes - The following weight classes will be used in all pushing hand events:

Male: 25kg, 30kg, 35kg, 40kg, 45kg, 50kg, 55kg, 60kg, 65kg, 70kg, 75kg, 80kg, 85kg, 90kg, 95kg, 100kg+
Female: 25kg, 30kg, 35kg, 40kg, 45kg, 50kg, 55kg, 60kg, 65kg, 70kg, 75kg, 80kg, 85kg, 90kg, 95kg, 100kg+

If there are too few participants registered for a weight class it may be cancelled or combined with another weight class. A new weight class can be created if necessary.

Rule 14 Matching of weight class – If participants weight at the time of weigh-in is more than one marked on the registration form and it exceeds weight category for which participant is registered, then such participant may be not allowed to compete. Final decision is to be made by organizers.

Rule 15 Clothing and appearance – All competitors must be in soft martial arts shoes, and otherwise suitably clothed. The wearing of jewelry, watches, glasses and other items which could be a danger to

the opponent or the competitor is forbidden. Nails must be cut short and long hair must be tied back. The judges must be able to see the feet of the competitors. The shirt sleeves must not cover the elbow. Hands and arms must be free of any foreign substance.

Rule 16 Match length – Match length is 2x1 minutes of pure time. Children 2 x 30 sec.

Rule 17 Clinch – In the case of a clinch where no technique is applied the judge may break and restart the match.

Rule 18 Match evaluation - points given to participants after the match.

Victory – 3 points

Draw – 1 point for each participant

Lose – 0 points

In case of weight class divided into several units, winner is defined in match between units winners. If two participants in the same unit have equal points, then winner is defined by biggest amount of points during the matches.

Rule 19 Pushing hand finals – A final cannot end in a draw and will be extended by 2x30 seconds, if it is still undecided after this, match will go on. An additional round is held until the first point. The first to score a point will be the winner.

Moving Step Pushing Hands

Rule 20 Arena - In moving step pushing hands the competition area is a square of 3 x 3 meters. The competitors are allowed to move freely within this area.

Rule 21 Match – Each match has two participants. Match is judged by the match referee. Judging team is one side judge, the match referee and a timekeeper assistant, who monitors the time and leads the score sheet. The duration of one match is 2 rounds of 1 minute clean time each. Clean time means continuous period of the match until referee's signal to stop the fight. The timekeeper announces half of the time and the end of the match.

Rule 22 Starting position in moving step PH first round – The competitors make contact with their left arms only and rotate around in a circle (counter-clockwise). The match starts on the command "Start" from the judge.

Rule 23 Starting position in moving step PH second round – The competitors make contact with their right arms only and rotate around in a circle (clockwise). The match starts on the command "Start" from the judge.

Rule 24 Allowed techniques in moving step PH – Peng, Lyi, Czi, An, Cai, Lie, Zhou (with forearm, not elbow) and Kao. All techniques are done with open arms, no grabs.

Rule 25 Fouls in moving step PH - The following techniques are not allowed:

- Attacks to the groin, head, neck, throat, eyes and ears;
- All kinds of strikes (hands, elbow, fingers or palm);
- Kicks and strikes with leg or knee;
- Locks against joints;
- Strong sound effects before pushing (strong exhale or strike);

- Holding/grabbing around or on the opponents back;
- Holding/grabbing, strikes, biting, spitting;
- Pulling of clothes or hair;
- Grabbing leg with hands, sweeps and throws;
- Attacking after referees stop signal;
- All kinds of arguing is forbidden;
- Locks, strikes at the joints and retention;
- Strikes or other attacks against nerve centers are strictly forbidden;
- Female competitors are not allowed to willfully push/attack the opponent's breasts;

Rule 26 Scoring in moving step PH

- 1 point is awarded if the opponent puts one foot outside of the competition area.
- 2 points are awarded if the opponent puts both feet outside of the competition area.
- 4 points are awarded if the opponent puts any part of the body other than the feet on the ground.
- 8 points are awarded if the opponent is sent flying outside the competition area. (Leaves the competition area in the air and falls down.)

Rule 27 Automatic match lose – match is lost automatically in case participant is refusing to continue the match and gives up.

Rule 28 Decision in case of injury - if one of participants got injured during the match and by referees or doctors decision can't continue the match, then his opponent is declared a winner (in case, rules were not broke). Injured participant is declared a winner if injury was made with rule breaking. Final decision is to be made by referee.

Free moving Step Pushing Hands

The same rules as in the «Moving Step», only allowed throws and sweeps, you can grab opponents back.

Fixed Step Pushing Hands

Rule 29 Starting position in fixed step PH – The competitors face each other in a front stance with the left foot on the middle line. The judge brings the competitors' left arms into contact. Each competitor's right hand rests on the opponents left elbow (no gripping!). The match starts on the referee's command as soon as the referee feels that both competitors are relaxed.

Rule 30 Half time in fixed step PH – At half time the competitors change their forward foot.

Rule 31 Allowed techniques in fixed step PH – The following techniques are allowed: Peng, Czi, An, Cai, Lie, Zhou (not elbows) and Kao. All techniques are conducted with open hands, no grabs.

Rule 32 Fouls in fixed step PH - The following techniques are not allowed:

- Attacks against the groin, head, throat, eyes and ears.
- All kinds of strikes (hands, elbow, fingers or palm)
- Kicks and strikes with leg or knee
- Locks against joints.

- Strong sound effects before pushing (strong exhale or strike)
- Holding/grabbing around or on the opponents back.
- Holding/grabbing, strikes, biting, spitting.
- Pulling of clothes or hair
- Grabbing leg with hands, sweeps and throws
- Attacking after referees stop signal.
- All kinds of arguing is forbidden
- Locks, strikes at the joints and retention
- Strikes or other attacks against nerve centres are strictly forbidden.
- Female competitors are not allowed to wilfully push/attack the opponent's breasts.

Rule 33 Automatic match lose – match is lost automatically in case participant is refusing to continue the match and gives up.

Rule 34 Decision in case of injury - if one of participants got injured during the match and buy referees or doctors decision can't continue the match, then his opponent is declared a winner (in case, rules were not broke). Injured participant is declared a winner if injury was made with rule breaking. Final decision is to be made by referee.

Rule 35 Scoring in fixed step PH

- 1 point is awarded if the opponent raises any part of a foot from the ground. The sole of the forward foot may be lifted provided that the heel is still on the floor.
- 2 points are awarded if the opponent moves/raises both his feet.
- 4 points are awarded if the opponent touches the floor with any part of his body except the feet.

Summary

Rules are approved by the Organizing. A mini workshop will be held before the competition, clarifying and explaining the rules. The Organizing Committee has the discretion to make adjustments or changes in the rules and regulations of the competition.

ORGANIZING COMMITTEE CONTACTS:

President ESTWF: Mr. Priit Kõrve, priit@kungfu.ee, ph. +372 56465203 (Russia, Estonia)

Secretary General: Mr. Grigori Kisseljov artofsword@gmail.com, ph. +372 55591133

Chief Judge Tuishou: Mr. Grigori Kisseljov artofsword@gmail.com, ph. +372 55591133

Information: +372 53453342 (English and Estonian) +372 55591133 (Russia)

E-mail for correspondence with organizing committee – artofsword@gmail.com

Address: Sipelga 8-8, Tallinn, Estonia 13423.

www.kungfu.ee

www.wushu.kungfu.ee

Registration: www.competitionbook.com

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+372 5057775

